## How can I help Ukraine?

## Ways to donate to relief efforts



Even the smallest donation can be helpful to the humanitarian crisis emerging from the Ukraine-Russia conflict. Consider making donations at any of the links below:

<u>CORE</u>: The Community Organized Relief Effort is an emergency response organization seeking to provide to the immediate needs of Ukrianians who have fled to neighboring Poland. They are currently distributing hygiene necessities and cash assistance to the refugees.

<u>International Medical Corps</u>: The IMC has teams inside Ukraine and in the regions around it providing both medical and mental health services to those affected.

"Keep Ukraine's Media Going:" This is a gofundme campaign run by a collective of media throughout Europe and working with several different Ukrainian media outlets. The goal of the campaign is to relocate journalists and keep media accessible throughout the country as the conflict unfolds.

<u>Ukrainian Red Cross</u>: The Red Cross in Ukraine is providing humanitarian relief through a variety of methods and volunteer work.

<u>Voices of Children</u>: Started in 2015 in Ukraine following the outbreak of violence in Donbas, this nonprofit offers psychological assistance to children affected by the war. Presently, they are continuing this mission across the country and aiding in evacuation measures.

World Central Kitchen: Since 2010, WCK has been providing meals and food to communities in desperate need. They are currently serving Ukrainian refugees at the Polish border.